## Get The Job You Want, Even When No One's Hiring Your Job Search Survival Toolkit

## **Original Joys**

Think back as far as possible, to when you were very young. Let your mind wander freely, without "editing" – especially to the private, special times when you were allowed to play or daydream or do whatever you wanted. Recall the kinds of interests you had and activities you pursued in those early years.

What did you love? What fascinated you? What senses did you live through most, or did you enjoy them all equally? What did you daydream about, no matter how "silly" or unimportant it may seem now? What were the secrets and little games you never told anybody about? What could you "lose yourself in" and be very happy? What kinds of things gave you greatest pleasure?

List five to ten items below that match the criteria above:

Put a "check" next to three of these items that were most meaningful or special to you. Think about why these particular ones stand-out. Reflect on those three in the space below: